

Get cycling at
Clifton Rd Mosque
– Balsall Heath CCC

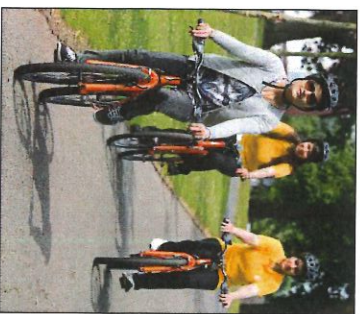


Get Cycling with Ride Active

Ride Active is a **FUN** & **FREE** programme run by qualified instructors, designed to teach you to ride, improve your cycling skills or make you more confident on a bike.

Ride Active is ideal for any adult (16+) who:

- is new to cycling,
- is currently learning and needs practise,
- is returning to cycling,
- or just wants to become more confident riding on led rides.



Get pedalling - basic cycling skills – gentle led rides.

More details and to book a place: please see reverse.



Get into cycling with Ride Active!

Location: 17 Clifton Road, Birmingham, B12 8SX

Dates: Sessions every Saturday

Time:

- Learn to Ride / Skills Improvement: 10:00am
- Led Ride (quiet roads / parks): 11:15am

Cost: free - bikes and equipment provided.

Online booking: please email teambhcc@gmail.com and let us know what date you wish to book for, which session (learn to ride/skills OR led ride) and how many people you wish to book for.

British Cycling in association with **Balsall Heath Community Cycling Club**, **Big Birmingham Bikes** and **Cycling UK**.