

MASOOMIN SPORTS CLUB

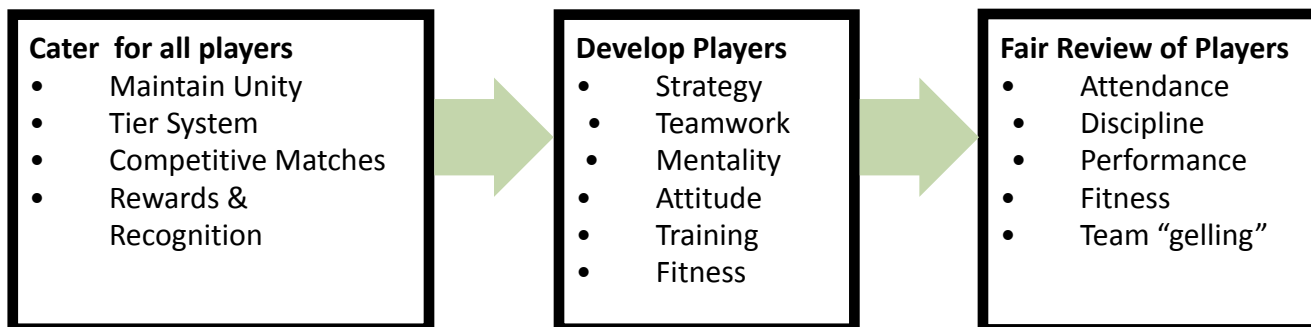
VOLLEYBALL HANDBOOK 2017

VISION	ACTION PLAN	COMMITTEE
CAPTAINS ROLES AND RESPONSIBILITES		TIER SYSTEM
SESSION FORMAT	PERFORMANCE REVIEW	TOURNAMENT SELECTION
DISCIPLINARY PROCEDURE	COMPLAINTS PROCEDURE	DISCLAIMER

Vision

Create and maintain an environment to cater for all MSC volleyball players by providing a platform for them to develop their skills, both sporting and individually. Thus allowing them to progress and become the best volleyball players of their generation.

Action Plan



Committee

Head	Sajjad Gulamhusein	
Vice	Imran Jaffer	
Secretary	Abbas Daya	
Treasurer	Meissum Manji	
Committee Members	Aliakber Meghjee	Kazim Merali
	Muntazir Gulamhusein	Abbas Lalji

Committee Roles and Responsibilities.

1. Be a leader
2. Create and Exert a vision, philosophy and action plan for MSC Volleyball.
3. Partake in major decisions affecting MSCVB.
4. Organise and manage practice sessions including sending out availability messages, making teams, captaining teams, collecting money, setting up & clearing the court, providing player reviews.

Tier System

1. All Three Tiers will play on Saturdays at the Joseph Chamberlain Sports Hall. Tier 3 will play from 6pm to 8pm and Tier 1 & 2 will play from 8pm to 11pm
2. A message will be sent out to the respective Tier asking players to confirm their availability from a pre-set time for the convenience of most
3. The players to reply first confirming their availability before a pre-set deadline will be selected basis the number of spaces available.
4. A team may have a minimum of 5 outfield players and a maximum of 7 outfield players.
5. Each team will have a fixed captain who will be in charge of strategy, player positions, collecting money, running drills & warm ups and providing reviews.
6. You are not allowed to reply on behalf of other players. We are giving prior notice so players may avail themselves to respond.
7. If a player, once confirmed drops out after the deadline, he may be liable to pay the session cost. The deadline will be noted on the message
8. If a player can not attend the tier system practice session for a sustained period of time are expected to email volleyball@masoomin.org explain their circumstance prior to the start of the next review period. The acceptance of the circumstance is at the discretion of the Committee
9. Once the deadline has passed and there are in-sufficient players the committee will try and fill the spaces.
10. Each session will cost £5. In the case that there are less teams on the day, a surcharge of £1 may be applicable without notice.
11. All players are expected to be on time for the start of the session. Failure to do so will result in a fine. If a player is unable to make it at the allocated time he must inform a committee member well in advance.
12. Players who are not members of MSC nor available for selection by MSC in tournaments will be allowed to play in the volleyball sessions as a guest. Guest players will be chargeable and may only play if there is spaces available in the tiers or at the discretion of the Volleyball Committee

Session Format

1. The session will begin with a 5-10 minute warm-up. Those unable to partake in these exercises for genuine reasons are expected to inform the committee. We would still encourage these members to participate in these as much as they can.
2. The session may have specific drills which would last up to an hour either at the start of the session or at the end.
3. The pre-set teams will play against each other. In the opening game the winner will stay on and then every team will play two games in succession.
4. Payment should be made to the allocated person on the day before the start of the session. If a player is unable to pay then he will not be allowed in the session.
5. Netties will play on a rotation basis.

Performance Review

1. This will occur every 6-8 weeks.
2. Captains will report back to the committee on the following basis
 - 2.1. Strongest players on the team
 - 2.2. Weakest players on their team
 - 2.3. Discipline
3. The qualifying criteria for promotion is as follows
 - Attendance: A player must attend at least 50% of the practice sessions. Genuine circumstances for not attending may be considered
 - Voted strongest player by Captain at least 40% of sessions attended. For example if a player attends 6 sessions of a possible 8 available sessions. He has to have been voted strongest player at least 3 sessions.
 - Please note the strongest player is the player who has returned the ball consistently(i.e. less unforced errors) and the player who adhered to the team strategy
 - No disciplinary issues

4. The qualifying criteria for demotions is as follows

- Attendance: If a player has attended less than 20% of practice sessions then he will be demoted into the lower tier. Genuine circumstances for not attending may be considered
- Voted weakest player by Captain at least 40% of sessions attended. For example if a player attends 5 sessions of a possible 8 available sessions. He has to have been voted weakest player at least 2 sessions.
- The weakest player may not be the player that gave away the most points, it may also be the player who did not adhere to team strategy or was the most inconsistent
- Disciplinary issues

5. Discipline is assessed on listening to captains and respecting their decision/instructions including but not limited to positions, warm-ups, strategy & drills. Discipline will also include good behaviour and sportsmanship. Swearing, provocation, inciting, fighting, showing dissent and anything that goes against the core values of Masoomin Sports Club and Islamic teachings will not be tolerated and will count against the player who is deemed to have acted as such.

6. If a player does not attend any sessions in the period from the previous review period, without a genuine reason, then he will be automatically demoted to the next tier.

7. The final decision with regards to player promotion and demotion rests solely at the discretion of the volleyball committee

Tournament Selection

For a player to be considered for participation in any volleyball tournament for Masoomin Sports Club the following criteria will apply:

1. Membership

- A player must be a paid member of Masoomin Sports club to to be considered for participation in tournaments.

2. Attendance

- The player must attend at least 50% of the tiered practice sessions
- If a player can not attend the practice sessions for genuine reasons and therefore not automatically qualify then he is expected to email volleyball@masoomin.org to explain their circumstances and the committee would then decide the best course of action.

3. Discipline

- All players are expected to listen to and respect their captains decisions/instructions including but not limited to positions, strategy & drills
- All players are expected to maintain good behaviour and sportsmanship at all times. Swearing, provocation, inciting, fighting, showing dissent and anything that goes against the core values of Masoomin Sports Club and Islamic teachings will not be tolerated and will count against the player who is deemed to have acted as such.

3. Performance/Ability/Position

- Players previous tournament performance as well as performance during practices will be assessed by the captains and reported back to the committee.
- Players strongest positions will be considered when selecting teams.

4. Fitness

- We are in the process of setting up a criteria and method of judging.

Disciplinary Procedure

Discipline of the highest standard is to be maintained and so members/participants MUST NOT:

- Use drugs, except for medical purposes, while travelling, competing, socialising and/or using facilities owned or rented by the MSC.
- Strike, attempt to strike or otherwise physically abuse an official, player or spectator.
- Intentionally engage in or incite participants and/or spectators to engage in abuse or violence.
- Disregard measures of health and safety and deliberately or otherwise endanger other people
- Use obscene gestures, profanity or disrespectful language.
- Members should not bring the MSC into disrepute.
- Violate any host sports clubs, sports centre, cities rules or policies.
- Players shall abide by and respect the Ground Rules established by the Committee to the Sectional Captains/ Coach.
- During events that can be spectated all must observe Islamic Hijab.

Any violation of the standards of conduct outlined will or could result in the enforcement of the following measures, yet depending on the nature, circumstance and severity of the situation the committee reserves the right to impose any other method to reprimand the offender.

- Suspension from the game/match/tournament and Immediate ejection from the tournament/ practice premises.
 - Forfeiture of all games/matches won and possible team elimination from current and future MSC sponsored or endorsed events.
 - A temporary or permanent suspension from the MSC as whole and right to participation in endorsed or sponsored activities held in the name of the club.
 - A monetary fine at the discretion of the MSC committee.
 - The right to represent MSC in various external tournaments or functions can also be revoked
- When dealing with disciplinary measures and sanctions a system of "Three Strikes and You're Out" will be implemented.

Complaints Procedure

The policy and procedures for filling complaints at MSC with regards to any issues or concerns relating to the volleyball sport is as follows.

To raise a complaint, please email volleyball@masoomin.org. We will acknowledge the receipt of the email within two working days and respond to any complaints within five working days depending on the nature of the complaint.

We advise members to NOT use other platforms such as the WhatsApp messaging service to raise their complaints as these will not be actioned. The WhatsApp group will only be used to communicate with members about MSC volleyball matters.

If for any reason members are not happy with the above, please follow the MSC official complaints procedure available to download on the website

Disclaimer

- The contents of this document is subject to change without prior notice.
- This document will be considered as a guideline and is not binding. Final decisions made will be at the discretion of the committee in charge.